

**Therapeutic Massage Center, Inc.**

1332 Waukegan Road  
Glenview, IL 60025  
312-850-0550

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_  
(Street) (City) (State) (Zip)

Telephone: (Cell) \_\_\_\_\_ (Home) \_\_\_\_\_ Birthdate: \_\_\_\_\_ Age: \_\_\_\_\_

Email Address: \_\_\_\_\_

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_ Referred By: \_\_\_\_\_

1. What is the primary reason for today's appointment? What are your expectations?

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2. What has been your previous experience with massage therapy, bodywork or other types of therapies?

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3. Please circle any of the following items that apply to you, either in the past or currently.

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|-----------------------|-------------------|----------------------|------------------------|
| Arthritis             | Asthma            | Automobile Collision | Bursitis               |
| Blood Clots           | Bone Fractures    | Cancer               | Carpal Tunnel Syndrome |
| Cartilage Tears       | Chronic Pain      | Colitis              | Colostomy              |
| Coronary Bypass       | Diabetes          | Dizziness/Vertigo    | Easy Bruising          |
| Epilepsy              | Epstein-Barr      | Fibromyalgia         | Foot Surgery           |
| Heart Problems        | Headaches         | Herniated Disc       | Herpes                 |
| High Cholesterol      | HIV/AIDS          | Hemophilia           | High Blood Pressure    |
| Infectious Conditions | Joint Replacement | Kidney Ailment       | Laminectomy            |
| Ligament Tears        | Lupus             | Major Fall           | Migraines              |
| Muscular Dystrophy    | MS                | Neck/Spine Injury    | Oral Surgery           |
| Osteoporosis          | Pregnancy         | Sciatica             | Scoliosis              |
| Spinal Fusion         | Tendonitis        | TMJ                  | Tuberculosis           |
| Tumors                | Ulcer             | Varicose Veins       | Whiplash               |

Other: \_\_\_\_\_

Please, explain each of the items you circled above providing specific information such as frequency, intensity, dates of surgery, etc: (include medications you are currently taking)

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4. In the past year, have you experienced emotional trauma?    YES    NO

Explain: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

5. Miscellaneous: (Circle of answer applicable items)

Wear contact lenses    Pacemaker    Wear dental appliance    Hearing aid

Wear orthopedic device in shoe    Allergies \_\_\_\_\_

SPECIAL DIET: \_\_\_\_\_

Physician: \_\_\_\_\_ Telephone: \_\_\_\_\_

Do I have permission to contact your physician should the need arise?    YES    NO

Frequency of exercise:    REGULARLY    OCCASIONALLY    NEVER

Please indicate the sports/exercise in which you participate: \_\_\_\_\_

**The courtesy of a 24 hour cancellation is required in order to cancel or change your appointment or you will be charged in full.**

I understand that massage therapy does not diagnose. It has been made clear to me that this massage therapy session is educational in nature and intended to help me become more familiar with and aware of my own health status and make me more comfortable in my body.

Because a massage therapist must be aware of existing physical conditions, I have stated all my known medical conditions and take it upon myself to keep the massage therapist updated as to my physical health.

With this in mind, I agree to have massage therapy treatment(s) and hold the therapist harmless for any problems that might arise as a result of the massage.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Please circle, or indicate with an X, areas of pain or muscular tension that you are experiencing and would like to address:**

